

PERSONAL PROFILE / RELEASE

(please print)



St. Louis
T'ai Chi Ch'uan
Association

Name: _____
Address: _____
E-Mail: _____ (email will not be shared)
Phone: _____ Sex: M F Age: _____

How did you hear about the St. Louis T'ai Chi Ch'uan Association? (please circle)
Word of Mouth? Flyer? Internet or our Web Site? Printed Media? Which one?
Other Media?

Why are you interested in T'ai Chi Ch'uan? (Circle all that apply)
Meditation Exercise/Health Stress Reduction Martial Arts Other?

Previous Experience? (Circle all that apply) Meditation Exercise/Health Stress
Reduction Martial Arts (if so what style/system)

Do you have any physical limitations/injuries? (especially knee, back or hip)

As a member of the St Louis T'ai Chi Ch'uan Association you agree to the following:

- In consideration of permitting me to participate in T'ai Chi Ch'uan classes held at those facilities that the St Louis T'ai Chi Ch'uan Association sees fit to hold such classes and taught by T'ai Chi Ch'uan Association instructors and assistants.
- I, myself, my executor, administrators, and assigns do hereby release and discharge all Board Members, teachers, and assistants from all claims, demand, actions or damages whatsoever in any manner or growing out of my participation in said T'ai Chi classes.
- I acknowledge that my participation is voluntary without request or encouragement by the Board Members, teachers, and assistants of the St Louis T'ai Chi Ch'uan Assoc.
- I acknowledge that teachers and assistants will occasionally place their hands on my shoulders, hips, knees, and back in order to facilitate the teaching of T'ai Chi. (If this "hands on approach" makes you uncomfortable or any other action by a teacher or assistant makes you feel the least bit uncomfortable please communicate immediately to the main teacher of that class or to a Board Member.)
- I attest and verify that I have full knowledge of the risks involved in said T'ai Chi classes and that I am physically fit and sufficiently trained to participate in these classes.
- Further I pledge to refrain from making any claims of certification or endorsement by the St Louis T'ai Chi Ch'uan Association in any way without the prior written approval of the Board of Directors.

(Signature)

(Board member or senior instructor)

DATE: _____